

**SUGARLOAF MOUNTAIN ATHLETIC CLUB'S
NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES**

At Community Gardens, Burts Pit Road, Northampton, MA

<http://sugarloafmountainathletic.org/> (413) 584-7725

Date: 4-19-22

Race #3

(Total: 853)

Total	Men	Women	12 & under	Teens	20s	30s	40s	50s	60s	70s
53	37	16	--	7	7	14	10	6	7	1

W = previous winners (6) ; PR = personal record (6); N = newbie (4)

Weather: Windy and cool (40s), a few puddles on the course. **Helpers:** Lou and Suzanne DiSessa, Ron Boyden, Jim Farrick, Daryl and Lorin DeLisle, Sue Grant, Brian St. Jean, Gareth Buckley

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:43	Henry Domnarski	24		W
2	17:50	Stephen Kerr	30		W
3	18:18	Chris Freeman	32		
4	18:37	James Kopcsay	38		W
5	18:16	Sashi Wallace	29		
6	19:18	Bryce Spare	38		
7	19:56	Gareth Buckley	46		W, 1 st 40+
8	20:30	Jason Reed	43		W (the day after he ran the Boston Marathon)
9	20:48	Matt Musiak	40		
10	21:19	Rory Milsark	23		
11	21:31	Roland Garro	39		PR
12	21:52	Robert Bayliss	37		
13	22:02	Martha Pratt	28	F1	1 st woman PR
14	22:13	Dennis Simmons	18		
15	22:28	Jeff Stevens	36		
16	22:50	Nick Brisson	15		
17	23:00	Nicky Elias-Gillette	16		
18	23:05	Elena Musiak	39	F2	1 st 30+ woman
19	23:12	Stuart Brisson	47		
20	23:29	Mark Fox	47		
21	23:58	J.P. Reardon	39		
22	24:02	Richard Hernandez	24		PR
23	24:13	Sarah Nelson	45	F3	1 st 40+ woman (the day after she ran Boston)
24	24:17	Michael Root	44		
25	24:20	Sylvie Mahon-Moore	18	F4	
26	24:37	Lorin DeLisle	63		1 st 60+
27	24:38	Gulian Marconi	18		N
28	24:38	Lorenzo Bonino	37		
29	24:55	Ron Boyden	54		1 st 50+

30	24:57	Brian St. Jean	62		
31	25:05	Elliot Hartman	28		
32	25:19	Ellie Meunier	18	F5	
33	25:26	Daryl DeLisle	65		
34	25:34	unknown runner	--		
35	26:05	Cinnamon Degres	50	F6	N 1 st 50+ woman
36	26:06	Jacob Degres	23		N
37	26:10	Becky Hanna	30	F7	
38	26:41	Allison Reding	31	F8	
39	26:48	James Farrick	58		Jim's 655 th race on this course
40	28:19	Peter Healy	13		PR, youngest finisher
41	28:55	Suzanne DiSessa	65	F9	1 st 60+ woman
42	29:16	Bill Cote	38		
43	30:06	Erika Reed	43	F!0	
44	30:30	Erin Mahon-Moore	47	F11	
45	30:47	Jen Gottlieb	52	F12	PR
46	30:56	Lou DiSessa	78		1 st 70+
47	30:59	John Irminger	66		
48	31:13	Annie Ryan	65	F13	
49	31:21	Richard Wu	56		
50	32:09	Gibby Jasper	31	F14	N
51	33:36	Jennifer Massa	45	F15	
52	33:43	Mary Buckley	50	F16	P.P.
53	40:32	Mark Dean	69		
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