

SMAC INDOOR TRACK SERIES

HOLIDAY BREAK HURTS ATTENDANCE AT FIRST MEET OF 2016 INDOOR SEASON

Northampton, Mass. - January 3, 2016

It was the earliest meet in the 28-year history of the Sugarloaf Indoor Track Series, but due to the end of the holiday break for most athletes, one of the lowest turnouts as well. Only 77 athletes competed in this first of two meets this year, but there were some impressive performances such as Travon Godette's near record jump of 6' 6" in the men's high jump, Michael Stender's 52.2 in the men's 400 meters and Alyssa Lombardi's two victories in the women's 200 and 800 meters. The most bizarre stat was that there were no kids in the mile or the 800 meters.

MEN'S RESULTS

HIGH JUMP

1. Travon Godette, 22 (= NO. 5 ALL-TIME)	6' 6"
2. Brandon Palmer, 29	5' 10"
3. John Latour, 22	5' 10"
3. Jeremy Fargue, 23	5' 10"
5. Patrick Delisle, 20	5' 0"
6. Zackary Delisle, 23	5' 0"

LONG JUMP

1. John Latour, 22	20' 8.5"
2. Brandon Palmer, 29	20' 5"
3. Avi Sheldon, 21	18' 4.75
4. Jeremy Fargue, 23	18' 4.25
5. Travon Godette, 22	17' 8.25
6. Zackary Delisle, 23	17' 2.5"
7. Carlin Joyal, 16	17' 2.25
8. Eric Nacsin, 28	16' 4.5"
9. Patrick Delisle, 20	16' 2"
10. Matt Dyer, 30	16' 0"
11. Josiah Griffin, 13	13' 3.75
12. NEIL HOWARD III, 9 (AGE 6 - 9 RECORD)	12' 7"
13. JON MAGINNIS, 12	11' 1"

55 METERS

1. John Latour, 22	6.5
2. Ben Arcangell, 19	6.6
3. Avi Sheldon, 19	6.8
3. Jeremy Fargue, 23	6.8
3. Zachary Delisle, 23	6.8
3. Michael Stender, 21	6.8
3. Asif Abdul-Wadud, 29	6.8
8. Patrick Delisle, 28	6.9
8. Jessie Barber, 18	6.9
10. Carlin Joyal, 16	7.0
10. Adam Bourdon, 21	7.0
12. Troy Cronin, 18	7.4
12. Josiah Griffin, 13	7.4
14. Alex McDaniel, 38	7.5
15. Frankie Santos, 18	7.9
16. Dominic Rappazzo, 74	8.4
17. NEIL HOWARD III, 9	8.6
18. JONATHAN MAGINNIS, 12	8.7
19. HYDAR ABDUL-WADUD, 9	9.9
20. TALLON DILLARD, 5	13.0

200 METERS

1. Ben Arcangell, 19	24.0
2. Jeremy Fargue, 23	24.3
3. Arlo Siegel, 18	24.8
4. Avi Sheldon, 21	25.2
5. Jessie Barber, 18	25.3
6. Asif Abdul-Wadud, 29	26.3
7. Carlin Joyal, 16	26.4
8. Alex McDaniel, 38	27.1
9. Tarcisio Ramos, 28	27.4
10. Josiah Griffin, 13	28.5
11. Brendon Wilmot, 15	29.0
12. Adam Bourdon, 21	30.0
13. Frankie Santos, 18	31.6
14. Troy Cronin, 18	32.0
15. HYDAR ABDUL-WADUD, 9	44.5

400 METERS

1. Michael Stender, 21	52.2
2. Patrick Delisle, 20	54.1
3. Jessie Barber, 18	59.3
4. Alex McDaniel, 38	59.6
5. Asif Abdul-Wadud, 29	60.2
6. Brendon Wilmot, 15	63.1
7. Nicholas Hill, 16	63.9
8. Bob Landry, 47	65.2
9. Tom Brayton, 17	65.3
10. Adam Bourdon, 21	65.4
11. Frankie Santos, 18	70.2
12. NEIL HOWARD III, 9	74.4
13. Sam Greeman, 16	79.2
14. JONATHAN MAGINNIS, 12	82.2
15. HYDER ABDUL-WADUD	98.0

800 METERS

1. Nate Bruno, 23	2:01.4
2. Connor Goltzmann, 19	2:05.2
3. Jessie Azeval, 19	2:12.5
4. Mark Rabasco, 21	2:13.3
5. James McMahon, 30	2:15.0
6. Matt Rabasco, 19	2:15.5
7. Latrell Powell, 17	2:20.3
8. Greg Norns, 15	2:21.2
9. Eric Nacsin, 28	2:24.7
10. Christian Rivera, 18	2:28.6
11. Raphael Bruno, 17	2:35.6
12. Ethan Puc, 13	2:38.6
13. Peter Michaelson, 60	2:45.4
14. Tim Jacanes, 13	2:49.1
15. Nicholas Hill, 16	2:49.5
16. Dominic Rappazzo, 74	3:06.7

MILE

1. Mark Rabasco, 21	4:49.5
2. Tim Foldy-Porto, 18	4:54.6
3. Nicholas Hill, 16	4:55.0
4. Matt Rabasco, 19	4:56.8
5. Chris Pelliccia, 30	4:57.8
6. Edwin Kaczanski, 20	4:59.5
7. Ron Lombardi, 51	5:00.5
8. Latrell Powell, 17	5:02.9
9. Brendan Kane, 25	5:04.2
10. Bob Landry, 47	5:08.1
11. Raphael Bruno, 17	5:41.0
12. Tom Brayton, 17	5:44.7
13. Ethan Puc, 13	5:54.0
14. Nat Markey, 14	5:56.9
15. Tom Davidson, 44	5:58.1
16. Abdiel Acevedo, 15	6:03.1
17. Tim Jacques, 13	6:04.7
18. Joe Natalia, 60	6:11.9
19. Peter Michaelson, 60	6:18.2
20. Rich Clark, 61	6:27.2
21. Bob Segal, 62	6:30.1
22. Sam Greeman, 16	6:44.3

3000 METERS

1. Ace McAlister, 19	9:06.7
2. James Kopcsay, 32	9:43.2
3. Nick Curelop, 27	9:52.8
4. Nicholas Hill, 16	10:19.0
5. Brandon Kane, 25	10:24.1
6. Raphael Bruno, 17	11:04.5
7. Christian Rivera, 18	11:06.6
8. Bob Segal, 62	13:15.7
9. Tarcisio Ramos, 28	13:55.9

WOMEN'S RESULTS

55 METERS

1. Juliet Grover, 16	7.9
2. Lori Merlo, 21	8.0
3. NATALIE SHAW, 10	8.5
4. CLAIRE HOWARD, 12	8.6
4. Journey Singleton, 14	8.6
6. Ashley Ayala, 17	8.8
7. Jain Lattes, 39	8.9
8. BEVIN MONTGOMERY, 10	9.3
9. Naomi Tetherly, 40	9.6
10. MILA DILLARD, 7	11.0
11. VANESSA GRIFFIN, 7	11.5
12. SAFIYYAH ABDUL-WADUD	15.1

200 METERS

1. Alyssa Lombardi, 20	31.4
2. Raquel Romano, 18	31.5
3. Juliet Grover, 16	32.5
4. Ashley Ayala, 17	36.4
5. VANESSA GRIFFIN, 7	45.4
6. SAFIYYAH ABDUL-WADUD	62.4

400 METERS

1. Raquel Romano, 18	68.3
2. Lori Merlo, 21	69.7
3. CLAIRE HOWARD, 12	71.7
4. Naomi Tetherly, 40	78.9
5. NATALIE SHAW, 10	82.6
6. Ashley Ayala, 17	83.8
7. Susannah Tracy-Small, 46	85.2
8. SAFIYYAH ABDUL-WADUD	2:15.3

800 METERS

1. Alyssa Lombardi, 20	2:30.6
2. Abigail Touchet, 16	2:52.2
3. Journey Singleton, 14	2:56.4
4. Lori Merlo, 21	2:57.8

MILE

1. Dana Parrot, 46	6:17.0
2. Brienne Paradis, 21	6:40.3
3. Sue Tracy-Small, 46	6:54.3
4. Sarah Kaczanski, 19	7:14.7

3000 METERS

1. Kimberly Grahn, 44	13:55.0
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LONG JUMP

1. Marissa Shaw, 16	15' 0"
2. Jain Lattes, 39	13' 5"
3. CLAIRE HOWARD, 12	12' 7.5"
4. NATALIE SHAW, 10	10' 7.5"
5. BEVIN MONTGOMERY, 10	9' .75"
6. MILA DILLARD, 7	6' 5.75"
7. VANESSA GRIFFIN, 7	5' 6"

HIGH JUMP

1. Erica Belanger, 25	4' 10"
2. Marissa Shaw, 16	4' 8"
3. Jain Lattes, 39	4' 4"

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