

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S
 NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES
 At Community Gardens, Burts Pit Road, Northampton, Ma.
 www.sugarloafmac.org smacrunning@yahoo.com 413 584-7725

Date 4.25.17

Race 4

Total 769

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
19	15	4	-	-	2	5	7	1	2	2

W = Winners of past races here (3). PR = Personal Record Setters (1). N = Newbies (none!).

Weather: Rainy and 45 degrees

Volunteers: Katya Raffensperger worked the finishline, took pictures and cheered.

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	18:23	John Herron	34		W
2	18:33	Grant Gonzalez	31		W
3	20:07	Ed Parrot	46		W 1 st 40+
4	21:22	Nate Olson	29		PR
5	21:24	Geoffrey Oldnixon	40		
6	21:28	Seth Montgomery	22		
7	22:24	Ron Boyden	49		
8	23:16	Dana Parrot	47	F1	1 st Woman
9	23:19	Tom Raffensperger	52		1 st 50+
10	23:50	Sarah Nelson	40	F2	Wins Prediction Award
11	25:17	Dennis Meehan	48		
12	25:35	Jen Case	37	F3	
13	26:06	Brian Cannon	45		
14	26:37	Frank McDonald	65		1 st 60+
15	26:46	Becky Hanna	31	F4	
16	27:54	Bob Welsh	73		1 st 70+
17	29:05	Lou Disessa	73		
18	29:19	Carl Cignoni	66		
19	30:32	Christopher Sparks	38		