

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S
NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES
At Community Gardens, Burts Pit Road, Northampton, Ma.
www.sugarloafmountainathletic.org 413 584-7725

Date 5.17.22

Race # 7

Total 857

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
42	34	8	1	4	4	10	3	9	4	6

W = previous winners (6); P.R = personal record (2); N= newbies (3).

Weather: clear except for brief showers that created rainbows during the race.

Volunteers: Brian St. Jean, Harry Hayward, Henry Domnarski, Jim Farrick, Tom Davidson, Lou and Suzanne DiSessa, Daryl DeLisle, Carl Cignoni, Erin Mahon-Moore, Spencer Beaver, Mike Duffy, Dan Lynes and Sue Grant.

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:10	Jonathan Briskman	30		W
2	17:20	Mark Rabasco	27		W
3	17:36	Brian Krusell	32		W
4	18:11	Chris Freeman	32		
5	18:37	John Herron	39		W
6	18:44	Chris Pelliccia	36		
7	18:48	Nat Markey	20		W
8	18:52	Bryce Spare	38		
9	18:53	Sasi Wallace	29		
10	19:17	Henry Domnarski	24		W
11	20:01	Eric Ciocca	44		1 st 40+ man
12	20:35	Tim Fisher	54		1 st 50+ man
13	22:34	Elena Musiak	39	fl	1 st woman
14	23:01	Brian Williams	56		
15	23:10	Joshua Roth	56		
16	23:17	Kevin Markey	57		
17	23:22	Michael Root	44		P.R.
18	23:27	J.P. Reardon	39		
19	23:34	Tom Davidson	51		
20	24:03	Brian Cannon	50		
21	24:18	Jonathan Shefftz	55		
22	24:30	Brian St. Jean	62		1 st 60+man
23	24:59	Mike Murphy	72		1 st 70+ man
24	25:16	Daryl DeLisle	65		
25	25:35	Jim Reis New Record age 77	77		New age 77 record of 25:35 supplants Lou Disessa's 28:24 set on 5.25.21

26	25:38	Jenn Case	42	f2	1 st 40+ woman
27	26:55	Jim Farrick	58		Jim's 659 th race on this course
28	27:32	Alan Hunt	68		
29	27:52	Roger Stenlund	73		
30	28:02	Peter Healy	13		1 st teen boy
31	28:19	Suzanne DiSessa	65	f3	1 st 50+, 60+ woman
32	28:22	Alyssa Beaver	15	f4	N, 1 st teen girl
33	28:22	Kim Beaver	19	f5	
34	28:36	Connor Bailey	19		N
35	31:50	Billy Dean	38		
36	31:56	Lou DiSessa	78		
37	32:12	Betty Matthews New Record age 70	70	f6	1 st 70+ woman; New age 70 record of 32:12 supplants Janit Romayko's 33:27 set on 5.3.16
38	33:21	Harry Hayward	70		
39	33:36	Mary Buckley	50	f7	P.R.
40	41:27	Dan Lynes	79		
41	48:27	Kayley Robbins	7	f8	N
42	48:27	Shawn Robbins	36		
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