

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S  
NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES  
At Community Gardens, Burts Pit Road, Northampton, Ma.  
www.sugarloafmountainathletic.org 413 584-7725

Date 8.30.22

Race # 21

Total 871

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
82	54	28	2	8	5	16	14	15	12	9

W= previous winners (6); P.R.= personal record (6); N= newbies (3).

Weather: clear, warm, humid and windy.

Volunteers: Tom White, Richard Clark (water stop), Tony Lucia (tomatoes), Marie Gauthier (muffins), Jim Farrick, Tom Davidson, Brian and Kathie Williams, Lorin and Daryl DeLisle, Lou and Suzanne DiSessa, Harry Hayward, Brian St. Jean, Vicki Quagliaroli, Janit Romayko, Iwona Boruch, Ed Stasz, Peter Stasz, Joshua Roth, Musiak family .

This was the last race of this season for our Northampton cross-country series. Our next race will be held on April 4, 2023, starting at 6:30 p.m.!

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:02	Johnathan Dean	22		W, P.R.
2	17:22	Stephen Kerr	30		W
3	17:50	Lindsay Smith	35		W, P.R.
4	18:58	Chris Pellicia	37		
5	19:08	Vincent Gauthier	16		1 <sup>st</sup> teen boy, P.R.
6	19:33	Sean O'Dea	18		
7	20:00	Gareth Buckley	46		W, 1 <sup>st</sup> 40+ man
8	20:07	Howard Hanna	46		W
9	20:09	Isaac Bowles	17		
10	20:13	Denis Cronin	31		
11	20:24	Taylor Williams	32		
12	20:57	Sasi Wallace	30		
13	21:18	Matt Rich	46		
14	21:37	Marek Raivel	17		
15	21:41	Matt Ferrari	46		P.R.
16	21:59	John Herron	39		
17	22:07	Elena Musiak	40	F1	1 <sup>st</sup> woman
18	22:45	Rory Milsark	23		
19	22:46	Matt Sokop	51		1 <sup>st</sup> 50+ man
20	22:53	Marc Guillame	50		
21	22:56	Delia Mahoney	23	F2	
22	23:20	Sarah Nelson	46	F3	
23	23:25	Joe Fois	47		
24	23:33	Brian Williams	56		

25	23:50	JoEllen Reino	59	F4	1 <sup>st</sup> 50+ woman
26	24:01	Henry Domnarski	24		W
27	24:06	Tom Davidson	51		
28	24:10	Ben Ferro	40		
29	24:18	Andrew Doubleday	11		
30	24:32	Jude Mourad	17		
31	24:35	Michael Root	45		
32	24:38	Martha Berrouad	56	F5	
33	24:39	Brian St. Jean	62		1 <sup>st</sup> 60+ man
34	25:00	Lorin DeLisle	62		
35	25:27	Evrin Efe	28		N
36	25:41	Matt Herron	18		
37	25:45	Debra Hevey	63	F6	1 <sup>st</sup> 60+ woman
38	25:49	Daryl DeLisle	65		
39	25:57	Brian Cannon	50		
40	26:10	Riley Brown	33		
41	26:16	Jim Farrick	59		Jim's 673 <sup>rd</sup> race on this course
42	26:17	Anna Klimes	47	F7	
43	26:29	Aidan Gauthier	13		P.R.
44	26:47	Ed Bouquet	72		
45	27:33	Mark Barile	40		
46	28:18	Alison Redding	31	F8	
47	28:26	Adam Gladstone	34		
48	28:44	Lisa Newman	52	F9	
49	28:45	Julia Milove	20	F10	
50	28:46	David Rivera	57		
51	28:48	Kate Crogan	30	F11	
52	29:22	Karen Hine	66	F12	
53	29:59	Theodora Lepage	31	F13	
54	30:11	Skyler Guillame	16		P.R.
55	30:27	Heather Pierce	32	F14	
56	30:36	Bob Vaughan	74		P.R.
57	30:59	Richard Wu	57		
58	31:08	Suzanne DiSessa	65	F15	
59	31:28	Joe Timmins	47		
60	31:40	Annie Ryan	65	F16	
61	31:49	John Irminger	66		
62	32:00	Harry Hayward	70		Wins Prediction Award
63	32:16	Alison Weeden	31	F17	
64	32:22	Peter Elsea	56		
65	33:16	Dennis Hogan	67		
66	33:27	Amy Sternheim	55	F18	

67	34:28	Kim Ward-Duong	32	F19	N
68	34:42	Susan McNamara	60	F20	
69	35:25	Kathy McNulty-Vaughan	74	F21	1 <sup>st</sup> 70+ woman
70	35:36	Lou DiSessa	78		
71	37:13	Kathie Williams	56	F22	
72	37:22	Marie Gauthier	50	F23	
73	37:42	Stephanie Chase	35	F24	
74	38:35	Aidan Musiak	5		Youngest finisher
75	38:36	Matt Musiak	40		
76	40:03	Carl Cignoni	71		
77	40:52	Iwona Boruch	48	F25	
78	41:03	Dave Whitcomb	77		
79	46:37	Peter Stasz	75		
80	46:44	Vicki Quagliaroli	69	F26	N
81	47:46	Janit Romayko	77	F27	New record!
82	48:18	Mary Lou White	67	F28	
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