

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S  
 NORTHAMPTON 5K CROSS-COUNTRY RACE SERIES  
 At Community Gardens, Burts Pit Road, Northampton, Ma.  
 www.sugarloafmac.org smacrunning@yahoo.com 413 584-7725

Date 4.5.16  
 Race # 1  
 Total 744

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
45	17	3	1	-	3	6	3	3	4	-

W = Winners of past races here (2). PR = Personal Record set for this course(1). N = Newbies (2). Weather = Soggy 5 inches of snow with a little mud and about 35 degrees. Volunteers who worked the Start of Our 30<sup>th</sup> Season & Our 744<sup>th</sup> Race!: Suzanne Diosessa, Lou Disessa, Gene Reilly, Mike Duffy and Sue Grant.

RACES NOW EACH TUESDAY @ 6:30 P.M.UNTIL THE END OF AUGUST

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:39	Anthony Popielarczyk	21		PR By Two Minutes!!!!!!
2	19:45	Carlos Rivera	41		W 1 <sup>st</sup> 40+
3	20:29	Gareth Buckley	40		
4	21:21	Eric Ciocca	38		
5	21:22	Peter Kakos	39		
6	21:36	Ryan Lambert	28		
7	22:22	Tom Bridgman	52		1 <sup>st</sup> 50+
8	23:49	Lorenzo Bonino	31		
9	23:53	Rick Scott	62		1 <sup>st</sup> 60+
10	23:58	Christa Talbot	36	F1	FIRST WOMAN
11	24:19	Kaitlyn Sephton	29	F2	
12	25:24	Richard Clark	62		W
13	28:03	Billy Dean	32		
14	28:39	John De Souza	55		N
15	30:19	Mark Dean	63		
16	30:47	Bryon Dailey	61		
17	32:18	Shawn Fumo	37		N
18	35:31	Ed Dean	58		
19	38:15	Blanch Petty Reading	12	F3	1 <sup>st</sup> 12 or Younger Runner
20	38:17	Dave Reading	45		